



SEVERIN BERZ
THÉRAPIE



09

12.2021

Free Tuishou

Evening

Every Thursday | 19:00-21:00



Vevey

Tuishou free practice open to anyone new to or advanced in any style of martial arts or who has never practiced martial arts at all. However, it can be useful to take a course in the Tuishou courses offered if you have never done Tuishou or if you would like to find out what elements we are emphasizing here. During the evenings of practice, exchanges of a few minutes are done in pairs. These frequent changes of partner reveal a wide range of qualities of touch. As there are no lessons, it is possible to come and leave as you wish during the time slot during these evenings.

The evenings are free (donations are welcome to cover the costs of the room, among other things).

Severin Berz
Rue des Bosquets 33,
1800 Vevey,
Suisse

www.midline.ch | [+41 76 465 03 38](tel:+41764650338)